



# **Paignton Junior Sailing Club**

## **The Harbour, Paignton, Devon, TQ4 6DT**

### **Junior Newsletter January 2010**



#### **Happy New Year Everyone!**

We hope you've had a good Christmas and are keen to get out onto the water in the spring. We are planning an exciting programme of junior sailing, starting earlier in the year than in previous seasons. We hope that this will mean you get even better value for your junior club membership, with lots more time on the water. If the weather is kind there could be 25 weeks of junior sailing this year. We hope also that it will allow you to make more progress with your sailing, moving up to a more advanced group for those of you who have done the junior course before, and for those more experienced sailors, moving on to a regular race training programme.

Your committee has a new look this year, with a new chairman (Rob Dyer) and Secretary (Cathy Wright) and a new junior training coordinator (Paul Proctor). John Maynard has stepped down as chairman of the junior section to take on the job of Commodore of the main Paignton Sailing Club. John has been chairman of the junior club since it was formed in 2005. We are all very grateful to him for all his hard work over those years and also very grateful that he will continue to help with the running of the junior club.

Thankyou to all those who contributed to the Annual General Meeting in November. There was a very healthy debate about the future of the club and lots of ideas for making 2010 even more successful and enjoyable than previous years. In particular there were many suggestions for improving communication with club members and parents. We hope to use email and text messaging as well as the more traditional methods such as this newsletter. We are always keen to hear about any ideas that you have.

We are very grateful to all those who have volunteered to help with junior sailing. We are extending the junior sailing season this year and have some new ventures. All this activity will take a lot of time from volunteers and clearly the more volunteers we have, the better. If you feel able to help with any aspect of the junior club from manning a safety boat or helping with boat launching and recovery, to helping with the barbecue or the chips at the end of sailing nights, please get in touch. If you feel you need some training we'll do our best to arrange that.

## What's new for 2010?

### Pre-season meeting for junior members and parents – 26 March (tbc)

We thought it would be helpful for juniors and their parents to get together a month or so before the start of sailing. We can explain what is on offer at the club in terms of formal training and regular junior sailing. We can also make sure we have everyone's contact details, post, email and phone, so that we can let everyone know what is happening week by week and so we can keep in touch with our volunteer helpers. It will also be a nice opportunity to catch up with friends from last year's sailing. The bar will be open!

### Saturday morning junior sailing – 17 April to 29 May. 10am to 1pm.

Junior sailing will begin earlier in the season than previous years. There will be an instructor and volunteer instructors on hand to help with boat rigging and launching and each week there will be safety boat support on the water.

The aim of these mornings is to get you all back onto the water, practicing what you learnt last year and ready for the training course when it starts at the beginning of June. We hope that youngsters who attend these sessions will find it easier to move to a more advanced group than last year.

We will be aiming to get onto the water at 10 am.



The weather can be tricky early in the season. We will do our best to provide some water-based activity if the weather is unsuitable for sailing, so come down to the club anyway. All junior members who have completed the intermediate or advanced groups will be welcome to join in. Younger members and those who have completed only the beginners course would be very welcome if they are accompanied by an adult. We will be charging £2 per session to cover costs of the safety boats though you can have 4 weeks without charge if you are taking part in the Training course (see below). If you need to use one of the club boats there will be a small additional charge.



### Junior Training Course – 4 June to 2 July

We will be running a very similar training course to previous years, with beginner, intermediate and advanced groups. We aim to

be ready to rig boats at 6pm so you should be at the club in plenty of time to change. Finishing time is always a bit dependant on the light and weather (and the games of pool in the bar!) but finish will usually be around 9pm. The cost of the course this year will be £60 per child plus junior club membership for the year. This year the fee also includes 4 sessions of Junior Sailing either on a Saturday morning or Friday evening after the training course. So make sure you get the full value! On the 9 July there will be a Barbecue arranged by the main club. You are all invited, tickets will be on sale during the training course. Presentation of certificates and other awards will take place on that evening after sailing.

### Friday evening junior sailing – 9 July to 27 August

Supervised sailing for junior members will continue on Friday evenings after the training course right through the summer holidays. The bar will be open and we'll try to make sure there are chips every week! The arrangements will be the same as for the Saturday morning sessions earlier in the year. At the end of the summer holidays, we will revert to Saturday mornings as there is not enough light. We will go on as long as the weather lets us.

### Other fun sailing events

**Pico Olympics** - The 'on-board' team are planning a Pico Olympics with all sorts of games and competitions for all abilities.

**Sail-Away days** – Everybody will be welcome to join us for a fun 'Sail-away' day to a beach in the bay for a barbecue and other beach fun. Date to be confirmed when the weather is warm!

**Junior Regattas** - There are lots of opportunities for fun racing, with your friends and also against other local clubs. Some of the dates are included in the list below.

### Single-hander Coaching Squad



We are starting a new venture this year. Last year we had a Topper squad for the more experienced youngsters, aiming to prepare them for racing. Some of the juniors have outgrown their Toppers and are keen to continue with single-handed racing. Our aim is to develop a small squad of juniors who wish to take part in racing against other juniors, perhaps providing a link into the regional RYA racing squads. There may be juniors who have sailed at other clubs but wish to pursue single-handed racing.

We are lucky to have the support of an experienced racing coach as well as our home-grown laser experts.

The Single-hander squad sessions will start on 24 April and continue on Saturday mornings right through the summer.

We will be encouraging the juniors to take part in local regattas and hope also that we can arrange competitions against other sailing clubs.

For details of the coaching please contact Rob Dyer 01803 814027 or [dyer@rsbth.eclipse.co.uk](mailto:dyer@rsbth.eclipse.co.uk)



### ***Important dates for your diary***

PJSC open evening	23 March
Saturday junior sailing	17 April – 29 May
Friday Training course	4 June – 2 July
Club barbecue	9 July
Spring Regatta	1/2 May
Autumn Regatta	2/3 October
Torbay Week	21 – 23
August	

### ***Contacts***

Training Course Application Forms from Rob  
Dyer  
01803 814027 or [dyer@rsbth.eclipse.co.uk](mailto:dyer@rsbth.eclipse.co.uk)

Membership secretary